



CORE PE CURRICULUM MAP

FURTHER STUDY

A-Level - Physical Education. Apprenticeship - e.g. Exercise, Physical Activity, Sport and Health sector (level 3). Cambridge Technical - Sport and Physical Activity (level 3).

CAREER PATHS

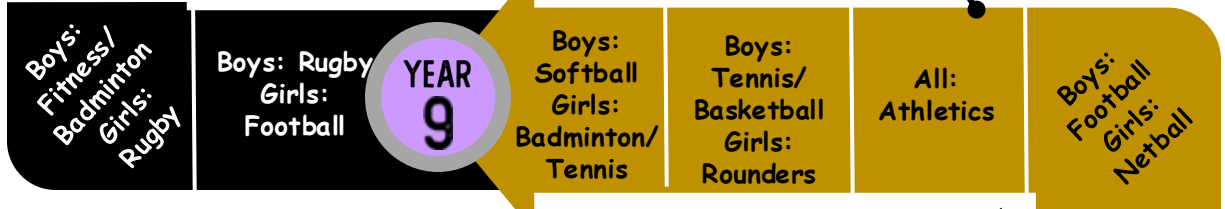
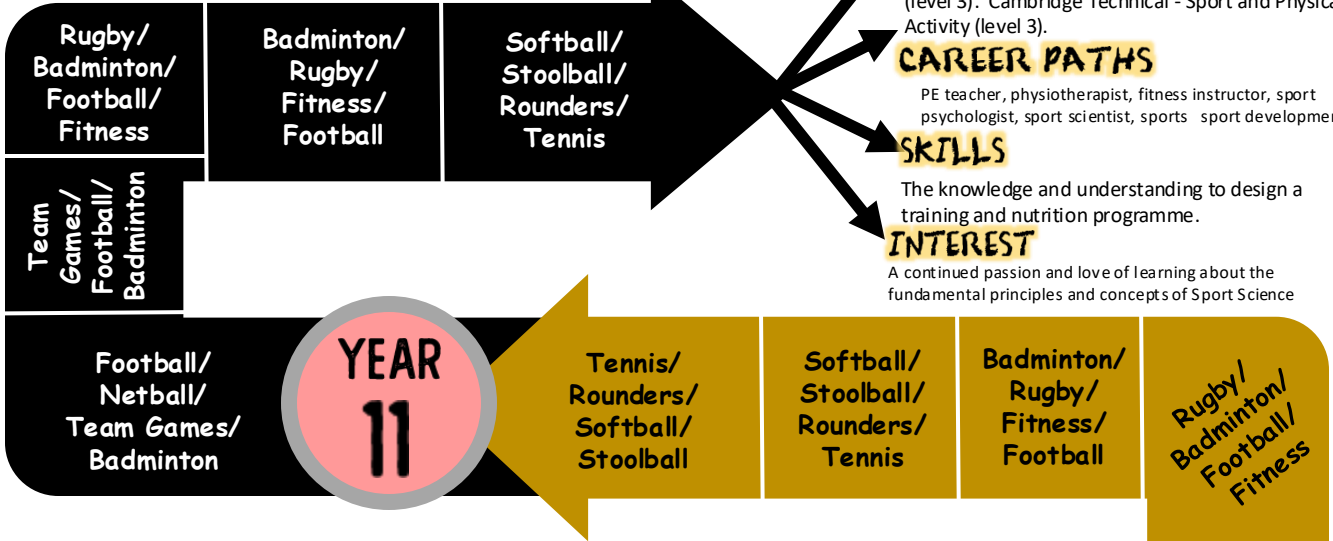
PE teacher, physiotherapist, fitness instructor, sport psychologist, sport scientist, sports sport development,

SKILLS

The knowledge and understanding to design a training and nutrition programme.

INTEREST

A continued passion and love of learning about the fundamental principles and concepts of Sport Science



HEAD
Knowledge | Understanding | Analysis | Feedback | Responsibility | Rules

HEART
Effort | Resilience | Respect | Motivation | Commitment

HANDS
Skill Development | Skill Application | Fitness Levels | Technique Competitive

