SMSC in PE

Spiritual education involves pupils developing a variety of skills, e.g. performing a sequence in gymnastics, which allows the pupils to express their feelings and emotions as well as be amazed by what their bodies can achieve.

Moral education in PE concerns pupils having the opportunity to understand how PE can influence their healthy living and lifestyle. PE highlights the advantages of health and lifestyle through team sports and health related fitness. Pupils are also able to understand the rules of activities and the reasons why they need to abide by them and understand what fair play is.

Social education involves pupils having the opportunity to work as a team, as well as reflect on feelings of determination and enjoyment. Pupils are given the role of a coach or leader to develop their social skills in co-operation, communication, commitment, loyalty and team work.

Cultural education in PE means pupils are given the opportunity to learn games and dances from different traditions, including their own as well being able to appreciate the differences between male and female roles within sport.

Examples of Spiritual, Moral, Social and Cultural Education in **PE** include:

- Pupils reflecting on values surrounding competition which includes 'winning at all costs' as well as sportsmanship and fair play
- Pupils learning to handle success and defeat with dignity
- Giving time for focus group discussions on lesson objectives and outcomes as well as listening to other people's opinions and giving feedback
- Pupils being introduced to tactics and strategies in sport
- Pupils developing their moral stance through developing a sense of fair play and positive sporting behaviour as well as reflecting on the need for rules
- Pupils discovering the role of sport and dance in society and the arts as well as learning dances from different traditions
- Pupils becoming aware of different cultural attitudes towards aspects of physical activity

More information is available from **Mr A. Protheroe** on request.