

BTEC Tech Award in Health and Social Care

Component 1

Human Lifespan Development

Weighting: 30%

Aim: understand how we grow and develop throughout our lives.

Assessment: internally assessed assignments

During Component 1, your students will:

- **explore** how individuals develop physically, emotionally, socially and intellectually over time
- **discover** how people adapt to life events and cope with making changes.
- **investigate** how various factors, events and choices may impact on individuals' growth and development

Component 2

Health and Social Care Services and Values

Weighting: 30%

Aim: get to know how the Health and Social Care sector works and the care values that underpin it.

Assessment: internally assessed assignments

During Component 2, your students will:

- **learn** which health and social care services are available
- **identify** why people might need to use these services
- **discover** who's involved in providing these services
- **explore** what might stop people from accessing the services they need
- **look at** the care values the sector has to make sure people get the care and protection they need.

Component 3

Health and wellbeing

Weighting: 40%

Aim: help improve someone's health and wellbeing.

Assessment: Externally assessed task, in which students create a health and wellbeing improvement plan for someone based on a brief.

To do this, your students will:

- **learn** what 'being healthy' means to different people
- **explore** the different factors that might influence health and wellbeing
- **identify** key health indicators and how to interpret them
- **assess** someone's health using what they've learned
- **create** a health and wellbeing improvement plan for that person which includes targets and recommendations of support services available
- **reflect** on the potential challenges the person may face when putting the plan into action.