

# MONDAY

# WEEK 1

## BREAK:

POPCORN CHICKEN

(WHEAT, MILK)

BAGEL

(WHEAT, MILK)

PANINI

(WHEAT, MILK)

PIZZA

(WHEAT, MILK)

## LUNCH:

CHICKEN KORMA WITH RICE & NAAN

(WHEAT, MILK)

CHEESE & TOMATO PANINI

(WHEAT, MILK)

JACKET POTATO WITH VARIOUS

FILLINGS

(WHEAT, MILK)

# TUESDAY

## BREAK:

HASH BROWNS

SAUSAGE ROLLS

(WHEAT)

BAGELS

(WHEAT & MILK)

PANINI

(WHEAT & MILK)

## LUNCH:

CHILLI & RICE WITH GARLIC BREAD

(WHEAT & MILK)

JACKET POTATO WITH VARIOUS

FILLINGS

(WHEAT, MILK)

TOMATO & BASIL PASTA WITH

GARLIC BREAD

(WHEAT, MILK)

# WEDNESDAY

## BREAK:

HOT & KICKIN CHICKEN

(WHEAT)

PIZZA

(WHEAT & MILK)

BAGEL

(WHEAT, MILK)

PANINI

(WHEAT, MILK)

## LUNCH:

CARBONARA WITH GARLIC BREAD

(WHEAT, MILK)

JACKET POTATO WITH VARIOUS

FILLINGS

(WHEAT, MILK)

TOMATO AND BASIL PASTA WITH

GARLIC BREAD

(WHEAT, MILK)

# THURSDAY

## BREAK:

CHICKEN WRAP

(WHEAT)

PANINI

(WHEAT & MILK)

BAGEL

(WHEAT & MILK)

PIZZA

(WHEAT & MILK)

## LUNCH:

CHICKEN BURRITO WITH SIDE SALAD

(WHEAT, MILK)

ARRABIATA PASTA WITH GARLIC BREAD

(WHEAT & MILK)

JACKET POTATO WITH VARIOUS

FILLINGS

(WHEAT, MILK)

# FRIDAY

## BREAK:

CHICKEN BURGER IN A BUN

(WHEAT)

PANINI

(WHEAT & MILK)

BAGEL

(WHEAT & MILK)

PIZZA

(WHEAT & MILK)

## LUNCH:

FISH, CHIPS, & BEANS

(FISH, WHEAT, MILK)

PIZZA CHIPS & BEANS

(WHEAT, MILK)

VEGGIE BURGER WITH CHIPS &

PEAS

(WHEAT)

### ALLERGEN STATEMENT

ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE GLUTEN AND OTHER ALLERGENS ARE PRESENT. ON OUR MENU ALLERGENS ARE LISTED BELOW EACH ITEM. DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.  
FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST