

ALLERGEN STATEMENT

ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE GLUTEN AND OTHER ALLERGENS ARE PRESENT. ON OUR MENU ALLERGENS ARE LISTED BELOW EACH ITEM. DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.
FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST



MONDAY

BREAK

HOT GRAB & GO
SAUSAGE ROLL
(WHEAT, MILK)
CHEESE TWIST
(WHEAT)
VEGAN SAUSAGE ROLL
(WHEAT, MILK)

PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

CHICKEN TIKKA CURRY WITH
BASMATI RICE & A NAAN BREAD
(WHEAT, MILK)
QUORN TIKKA CURRY WITH
BASMATI RICE & A NAAN BREAD
(WHEAT, BREAD)

A CHOICE OF PIZZA & PANINI
(WHEAT, MILK)
WITH VARIOUS FILLING

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)

TUESDAY

BREAK

HOT GRAB & GO
HOT KICKING CHICKEN
(WHEAT)
VEGGIE BURGER IN A BUN WITH
LETTUCE & MAYO
(WHEAT, MILK)

PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

CHICKEN & BACON PASTA BAKE
(WHEAT, MILK)
ROAST MEDITERRANEAN
VEGETABLE PASTA BAKE WITH
GARLIC BREAD
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI &
BAGELS
(WHEAT, MILK)

WEDNESDAY

BREAK

HOT GRAB & GO
CHEESE & BACON TURNOVER
(MILK, WHEAT)
CHEESE TWISQUORN NUGGETS
(WHEAT)

PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

SPAGHETTI BOLOGNESE WITH
GARLIC BREAD
(WHEAT)
QUORN BOLOGNESE WITH
GARLIC BREAD
(WHEAT)
NOODLES
(WHEAT)

HOT GRAB & GO
SELECTION OF PIZZA & PANINI
(WHEAT, MILK)

THURSDAY

BREAK

HOT GRAB & GO
MARINTED CHICKEN WRAP
(WHEAT)
QUORN FILLET IN A BUN
(WHEAT)

PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

CHICKEN PIE, MASH, BROCCOLI,
CARROTS, PEAS & GRAVY
(WHEAT, MILK)
QUICHE, MIXED SLAD & NEW
POTATOES
(WHEAT, EGGS, MILK)

HOT GRAB & GO
SELECTION OF PIZZA & PANINI
(WHEAT, MILK)

FRIDAY

BREAK

HOT GRAB & GO
POPCORN CHICKEN
(WHEAT)
HALLOUMI WRAP WITH
LETTUCE & SWEET CHLLI
SAUCE
(WHEAT)

PIZZA, PANINI & BAGELS
(MILK, WHEAT)

LUNCH

FISH & CHIPS, PEAS/BEANS,
CHIPS
(WHEAT, MILK)

PIZZA & CHIPS
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI &
PASTA POTS
(WHEAT, MILK)