

#### ALLERGEN STATEMENT

ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE GLUTEN AND OTHER ALLERGENS ARE PRESENT. ON OUR MENU ALLERGENS ARE LISTED BELOW EACH ITEM. DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.  
FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST



## MONDAY

### BREAK

HOT GRAB & GO  
POPCORN CHICKEN  
(WHEAT)  
MOZZARELLA STICKS (MILK,  
WHEAT)  
PIZZA, PANINI & BAGELS  
(MILK, WHEAT)

### LUNCH

CHICKEN TIKKA CURRY WITH  
BASMATI RICE & A NAAN BREAD  
(WHEAT, MILK)  
QUORN TIKKA CURRY WITH  
BASMATI RICE & A NAAN BREAD  
(WHEAT, BREAD)

A CHOICE OF PIZZA & PANINI  
(WHEAT, MILK)  
WITH VARIOUS FILLING

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI  
(WHEAT, MILK)

## TUESDAY

### BREAK

HOT GRAB & GO  
CHEESE & BACON TURNOVER  
(MILK, WHEAT)  
VEGAN SAUSAGE ROLL  
(WHEAT, EGG)  
BAGELS, PIZZA & PANINIS  
(WHEAT, MILK)

### LUNCH

CHILLI CON CARNE WITH RICE  
& GARLIC BREAD  
(WHEAT, MILK)  
QUORN MINCE CHILLI  
(WHEAT & MILK)  
TOMATO PASTA BAKE  
(WHEAT)

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI &  
PASTA POTS

## WEDNESDAY

### BREAK

HOT GRAB & GO  
CHICKEN BURGER IN A BUN  
(WHEAT)  
CHEESE TWIST  
(WHEAT, MILK)  
PIZZA, PANINI & BAGELS  
(WHEAT, MILK)

### LUNCH

HUNTERS CHICKEN WITH  
CARROTS, PEAS & BROCCOLI  
(MILK)

CAULIFLOWER CHEESE WITH  
GARLIC BREAD  
(WHEAT, MILK)

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI  
(WHEAT, MILK)

## THURSDAY

### BREAK

CHILLI CHICKEN WRAP  
(WHEAT)  
HALLOUMI WRAP WITH  
SWEET CHILLI SAUCE  
(WHEAT, MILK)  
BAGELS, PIZZA & PANINIS  
(MILK, WHEAT)

### LUNCH

MAC 'N' CHEESE WITH GARLIC  
BREAD  
(WHEAT, MILK)

KAT SU CURRY WITH RICE  
(WHEAT)

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI  
(WHEAT, MILK)

## FRIDAY

### BREAK

HOT GRAB & GO  
SAUSAGE ROLL  
(WHEAT)  
CHEESE PASTY  
(WHEAT, MILK)  
BAGELS, PIZZA & PANINIS  
(MILK, WHEAT)

### LUNCH

PASTA ARBONARA WITH GARLIC  
BREAD  
(WHEAT, EGGS)

TOMATO & PASIL PASTA WITH  
GARLIC BREAD  
(WHEAT, MILK)

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI  
(WHEAT, MILK)