

ALLERGEN STATEMENT

ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE GLUTEN AND OTHER ALLERGENS ARE PRESENT. ON OUR MENU ALLERGENS ARE LISTED BELOW EACH ITEM. DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.
FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST



MONDAY

BREAK

HOT GRAB & GO
POPCORN CHICKEN
(WHEAT)
QUORN NUGGETS
(WHEAT)

PIZZA, PANINIS & BAGELS
(WHEAT, MILK)

LUNCH

TOMATO & BASIL PASTA WITH
GARLIC BREAD
(WHEAT, MILK)
CAULIFLOWER CHEESE
(MILK)
NOODLES
(WHEAT)
JACKET POTATO, CHEESE & BEANS
(MILK)

PIZZA & PANINI
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT & MILK)

TUESDAY

BREAK

HOT GRAB & GO
SAUSAGE ROLL
(WHEAT)
HALLOUMI WRAP
(WHEAT)

PIZZA PANINI & BAGELS
(WHEAT, MILK)

LUNCH

BEEF BURGER IN A BUN WITH SKINNY
FRIES
(WHEAT)
VEGAN BURGER IN A BUN WITH SKINNY
FRIES
(WHEAT)
DIRTY WEDGES
(MILK)
JACKET POTATO CHEESE & BEANS
(MILK)
PIZZA, PANINI
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)

WEDNESDAY

BREAK

HOT GRAB & GO
CHICKEN MINI FILLETS IN A
WRAP
(WHEAT)
MOZZARELLA STICKS
(MILK)

PIZZA, PANINI & BAGEL
(WHEAT, MILK)

LUNCH

BEEF LASAGNE WITH SALAD & GARLIC
BREAD
(WHEAT, MILK)
MEDITERRANEAN ROAST VEG LASAGNE
WITH SALAD & GARLIC BREAD
(WHEAT, MILK)
NOODLES
(WHEAT)
JACKET POTATO WITH TUNA MAYO OR
CHEESE

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)

THURSDAY

BREAK

HOT GRAB & GO
MARINATED CHICKEN WRAP
(WHEAT)
VEGGIE BURGER IN A BUN
(WHEAT)

PIZZA PANINI & BAGELS
(WHEAT, MILK)

LUNCH

CHICKEN KORMA WITH RICE & NAAN
BREAD
(WHEAT & MILK)
CHICKPEA & SPINACH KORMA WITH
RICE & NAAN BREAD
(WHEAT, MILK)
JACKET POTATO WITH CHEESE &
BEANS
(MILK)
SELECTION OF PIZZA & PANINI
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)

FRIDAY

BREAK

HOT GRAB & GO
CHEESE & BACON TURNOVER
(WHEAT, MILK)
CHEESE PASTY
(WHEAT, MILK)

PIZZA, PANINIS & BAGELS
(WHEAT, MILK)

LUNCH

MEATBALL PASTA BAKE WITH GARLIC
BREAD
(WHEAT, MILK)
ROAST VEG PASTA BAKE
(WHEAT, MILK)
JACKET POTATO TUNA MAYO, SALAD OR
CHEESE & BEANS
(MILK, EGGS)
SELECTION OF PIZZA PANINI WITH
VARIOUS FILLINGS

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)