ALLERGEN STATEMENT
ALL OUR FOOD IS PREPARED IN A KITCHEN
WHERE GLUTEN AND OTHER ALLERGENS ARE
PRESENT. ON OUR MENU ALLERGENS ARE
LISTED BELOW EACH ITEM. DESCRIPTIONS DO
NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US
KNOW BEFORE ORDERING.
FULL ALLERGEN INFORMATION IS AVAILABLE
ON REQUEST



MONDAY

BREAK

BACON AND CHEESE

TURNOVER

(WHEAT, MILK)

BAGELS, PIZZA & PANINIS

(WHEAT, MILK)

LUNCH
TOMATO & BASIL PASTA WITH
CHEESE. SERVED WITH GARLIC
BREAD & SALAD
(WHEAT, MILKI)

JACKET POTATO WITH CHEESE AND BEANS (MILK)

HOT GRAB & GO SELECTION OF PIZZA, PANINI (VVHEAT, MILK)

TUESDAY

BREAK

HOT GRAB & GO CHICKEN BURGER IN A BUN (MILK, WHEAT)

VEGGIE BURGERS IN A BUN
(WHEAT)

BAGELS, PIZZA & PANINIS (WHEAT, MILK)

LUNCH

CHICKEN TIKKA CURRY WITH
BASMATI RICE & A NAAN BREAD
(WHEAT, MILK)

QUORN TIKKA CURRY WITH BASMATI RICE & A NAAN BREAD (WHEAT, BREAD)

JACKET POTATO WITH VARIOUS
FILLINGS
(MILK)

A CHOICE OF PIZZA & PANINI
(WHEAT, MILK)
WITH VARIOUS FILLING

HOT GRAB & GO SELECTION OF PIZZA, PANINI (WHEAT, MILK)

WEDNESDAY

BRFAK

HOT GRAB & GO
POPCORN CHICKEN
(WHEAT)
QUORN CHICKEN NUGGETS
(WHEAT)
PIZZA, PANINI & BAGELS
(MILK, WHEAT)

LUNCH

SAUSAGE, MASH WITH CARROTS & PEAS/BEANS (MILK)

VEGETARIAN SAUSAGE, MASH WITH CARROTS & PEAS/BEANS (MILK)

JACKET POTATO WITH VARIOUS
FILLINGS
(MILK, EGGS)

HOT GRAB & GO
SELECTION OF PIZZA, PANIN'
(WHEAT MILK)

THURSDAY

BREAK

CHILLI CHICKEN WRAP
(WHEAT)
PASTY
BAGELS, PIZZA & PANINIS
(MILK, WHEAT)

LUNCH

TUNA PASTA BAKE & GARLIC BREAD (MILK, WHEAT)

COUNTRY RANGE SPICY
CHICKEN WRAP WITH SALAD,
COLESLAW & RICE
(WHEAT, MILK)

HOT GRAB & GO SELECTION OF PIZZA, PANINI (WHEAT, MILK)

FRIDAY

HOT GRAB & GO
SAUSAGE ROLL
(WHEAT)
VEGAN SAUSAGE ROLL
(WHEAT)
BAGELS, PIZZA & PANINIS
(MILK, WHEAT)

LUNCH

FISH & CHIPS WITH PEAS OR BEANS (WHEAT, EGGS)

JACKET POTATO VARIOUS FILLINGS
(MILK)

PIZZA, CHIPS & BEANS
(VVHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT MILK)