

#### ALLERGEN STATEMENT

ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE GLUTEN AND OTHER ALLERGENS ARE PRESENT. ON OUR MENU ALLERGENS ARE LISTED BELOW EACH ITEM. DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.  
FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST



## MONDAY

### BREAK

HOT GRAB & GO  
POPCORN CHICKEN  
(WHEAT)  
HALLOUMI WRAP WITH SWEET  
CHILLI SAUCE  
(WHEAT)  
PIZZA, PANINIS & BAGELS  
(WHEAT, MILK)

### LUNCH

CHICKEN & BACON PASTA BAKE  
(WHEAT, MILK)  
TOMATO & BASIL PASTA WITH  
GARLIC BREAD  
(WHEAT, MILK)  
PIZZA & PANINI  
(WHEAT, MILK)

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI  
(WHEAT & MILK)

## TUESDAY

### BREAK

HOT GRAB & GO  
CHEESE & BACON TURNOVER  
(WHEAT, MILK)  
VEGGIE BURGER IN A BUN  
WITH WEDGES  
(WHEAT)  
PIZZA, PANINIS & BAGELS  
(WHEAT, MILK)

### LUNCH

KATSU CURRY & RICE  
(WHEAT)  
NOODLES WITH SWEET CHILLI  
SAUCE  
(WHEAT)  
JACKET POTATO, CHEESE & BEANS  
(MILK)  
PIZZA, PANINI  
(WHEAT, MILK)

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI  
(WHEAT, MILK)

## WEDNESDAY

### BREAK

HOT GRAB & GO  
TIKKA MARNINATED CHICKEN IN  
A WRAP  
(WHEAT)  
QUORN NUGGETS  
(WHEAT, EGGS)

PIZZA, PANINI & BAGEL  
(WHEAT, MILK)

### LUNCH

HUNTERS CHICKEN, PEAS, CARROTS &  
BROCCOLI WITH WEDGES  
(MILK)  
JACKET POTATO, CHEESE & BEANS  
(MILK, EGGS)  
SELECTION OF PIZZA & PANINI  
(WHEAT, MILK)

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI  
(WHEAT, MILK)

## THURSDAY

### BREAK

HOT GRAB & GO  
CHICKEN BURGER IN A WRAP  
(WHEAT)  
VEGAN SAUSAGE ROLL  
(WHEAT)

PIZZA PANINI & BAGELS  
(WHEAT, MILK)

### LUNCH

BEEF BURGER IN A BUN WITH  
SKINNY FRIES & BEANS  
(WHEAT)  
VEGGIE BURGER IN A BAP WITH  
SKINNY FRIES  
(WHEAT)  
SELECTION OF PIZZA & PANINI  
(WHEAT, MILK)

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI  
(WHEAT, MILK)

## FRIDAY

### BREAK

HOT GRAB & GO  
BACON BAGUETTE  
(WHEAT)  
CHEESE TWIST  
(WHEAT & MILK)

PIZZA PANINI & BAGELS  
(WHEAT, MILK)

### LUNCH

PASTA WITH TOMATO & BASIL  
SAUCE, GARLIC BREAD  
(WHEAT, MILK)  
FISH FINGERS WITH WEDGES  
(WHEAT)  
SELECTION OF PIZZA PANINI WITH  
VARIOUS FILLINGS

HOT GRAB & GO  
SELECTION OF PIZZA, PANINI  
(WHEAT, MILK)