

ALLERGEN STATEMENT

ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE GLUTEN AND OTHER ALLERGENS ARE PRESENT. ON OUR MENU ALLERGENS ARE LISTED BELOW EACH ITEM. DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US KNOW BEFORE ORDERING.
FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST



MONDAY

BREAK

HOT GRAB & GO
MINI FILLET IN A WRAP
(WHEAT)
CHEESE & ONION PASTY
(WHEAT & MILK)
PIZZA, PANINI & BAGELS WITH
(WHEAT & MILK)

LUNCH

BROCCOLI, CHERRY TOMATO PESTO
PASTA
(WHEAT, MILK)
CHEESE PASTA BAKE WITH GARLIC
BREAD
(WHEAT, MILK)
JACKET POTATO CHEESE & BEANS
(MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI &
BAGELS
(WHEAT, MILK)

TUESDAY

BREAK

HOT GRAB & GO
CHICKEN FILLET IN A BUN
(WHEAT)
CHEESE TWIST
(WHEAT, MILK)

PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

SWEET & SOUR CHICKEN
WITH RICE
CAULIFLOWER CHEESE WITH
GARLIC BREAD
(WHEAT & MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
& PASTA POTS

WEDNESDAY

BREAK

HOT GRAB & GO
CHEESE & BACON TURNOVER
(MILK, WHEAT)
AHLUMI WRAP WITH LETTUCE
& SWEET CHILLI SAUCE
(WHEAT)
PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

LASAGNE, SALAD & GARLIC
BREAD
(WHEAT, MILK)
ROAST VEGETABLE LASAGNE,
SALAD & GARLIC BREAD
(WHEAT, MILK)
JACKET POTATO WITH BEANS &
CHEESE
(WHEAT, MILK)
HOT GRAB & GO
SELECTION OF PIZZA & PANINI
(WHEAT, MILK)

THURSDAY

BREAK

HOT GRAB & GO
HOT & KICKIN CHICKEN WINGS
(WHEAT)
VEGGIE BURGER IN A BAP
(WHEAT)
PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

CHICKEN BURRITO WITH A
WRAP
(WHEAT, MILK, EGG, MUSTARD)
QUICHE & SALAD
(WHEAT, MILK, EGGS)
PIZZA & PANINI
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA & PANINI
(WHEAT, MILK)

FRIDAY

BREAK

HOT GRAB & GO
SAUSAGE ROLL
(WHEAT)
CHEESE & ONION PASTY
(WHEAT, MILK)
PIZZA, PANINI & BAGELS
(WHEAT, MILK)

LUNCH

DIRTY WEDGES, BOLOGNESE,
PEPPERS & A CHEESE SAUCE
(MILK)
PASTA CARBONARA WITH GARLIC
BREAD
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)