WEEK 7

MONDAY

BREAK
HOT GRAB & GO
CHICKEN FILLET IN A BUN
(WHEAT)
QUORN FILLET IN A BUN
(WHEAT , EGGS)
BAGELS, PIZZA & PANINIS
(WHEAT, MILK)

LUNCH
TOMATO & BASIL PASTA WITH
CHEESE. SERVED WITH GARLIC BREAD
& SALAD
(WHEAT, MILKI)
NOODLES WITH BLACKBEAN SAUCE
(SOYA, WHEAT)
JACKET POTATO WITH CHEESE AND
BEANS
(MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)

TUESDAY

BREAK
BACON AND CHEESE
TURNOVER
(WHEAT, MILK)
CHEESE AND ONION PASTY
(WHEAT, MILK)
BAGELS, PIZZA & PANINIS
(WHEAT, MILK)

LUNCH
CHICKEN TIKKA CURRY WITH
BASMATI RICE & A NAAN BREAD
(WHEAT, MILK)
QUORN TIKKA CURRY WITH
BASMATI RICE & A NAAN BREAD
(WHEAT, BREAD)
A CHOICE OF PIZZA & PANINI
(WHEAT, MILK)
WITH VARIOUS FILLING

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)

WEDNESDAY

BREAK
HOT GRAB & GO
POPCORN CHICKEN
(WHEAT)
QUORN CHICKEN NUGGETS
(WHEAT)
PIZZA, PANINI & BAGELS
(MILK, WHEAT)

LUNCH
COTTAGE PIE WITH CHEESE &
LEEK POTATO TOPPING WITH
CARROTS & PEAS
(MILK)
QUORN MINCE COTTAGE PIE
WITH CHEESE & LEEK POTATO
TOPPING WITH CARROTS & PEAS
(MILK)
JACKET POTATO WITH TUNA
MAYO OR CHEESE & BEANS
(MILK, EGGS)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(VWHEAT, MILK)

THURSDAY

BREAK
CHEESE TWIST
(MILK, WHEAT)
CHILLI CHICKEN WRAP
(WHEAT)
PASTY
BAGELS, PIZZA & PANINIS
(MILK, WHEAT)

LUNCH
MAC & CHEESE, SALAD &
GARLIC BREAD
(MILK, WHEAT)
MEATBALL PASTA BAKE
WITH GARLIC BREAD
(WHEAT, MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)

FRIDAY

BREAK
HOT GRAB & GO
SAUSAGE ROLLS
(WHEAT)
VEGAN SAUSAGE ROLLS
(WHEAT)
BAGELS, PIZZA & PANINIS
(MILK, WHEAT)

LUNCH
FISH & CHIPS WITH PEAS OR
BEANS
(WHEAT, EGGS0

JACKET POTATO CHEESE &
BEANS
(MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)