ALLERGEN STATEMENT
ALL OUR FOOD IS PREPARED IN A KITCHEN
WHERE GLUTEN AND OTHER ALLERGENS ARE
PRESENT. ON OUR MENU ALLERGENS ARE
LISTED BELOW EACH ITEM. DESCRIPTIONS DO
NOT INCLUDE ALL INGREDIENTS.

IF YOU HAVE A FOOD ALLERGY, PLEASE LET US
KNOW BEFORE ORDERING.
FULL ALLERGEN INFORMATION IS AVAILABLE
ON REQUEST



## MONDAY

#### BRFAK

HOT GRAB & GO
CHICKEN FILLET IN A BUN
(WHEAT)
QUORN FILLET IN A BUN
(WHEAT , EGGS)
BAGELS, PIZZA & PANINIS

#### LUNCH

TOMATO & BASIL PASTA WITH
CHEESE. SERVED WITH GARLIC BREAI
& SALAD
(WHEAT, MILKI)
NOODLES WITH BLACKBEAN SAUCE
(SOYA, WHEAT)
JACKET POTATO WITH CHEESE AND
BEANS
(MILK)

HOT GRAB & GO
SELECTION OF PIZZA, PANINI
(WHEAT, MILK)

# TUESDAY

BREAK

BACON AND CHEESE

TURNOVER

(WHEAT, MILK)

CHEESE AND ONION PASTY

(WHEAT, MILK)

BAGELS, PIZZA & PANINIS

(WHEAT, MILK)

#### LUNCH

CHICKEN TIKKA CURRY WITH
BASMATI RICE & A NAAN BREAD
(WHEAT, MILK)
QUORN TIKKA CURRY WITH
BASMATI RICE & A NAAN BREAD
(WHEAT, BREAD)
A CHOICE OF PIZZA & PANINI
(WHEAT, MILK)
WITH VARIOUS FILLING

HOT GRAB & GO SELECTION OF PIZZA, PANINI (WHEAT, MILK)

## WEDNESDAY

#### BRLAK

HOT GRAB & GO
POPCORN CHICKEN
(WHEAT)
QUORN CHICKEN NUGGETS
(WHEAT)
PIZZA, PANINI & BAGELS
(MILK, WHEAT)

### LUNCH

COTTAGE PIE WITH CHEESE &
LEEK POTATO TOPPING WITH
CARROTS & PEAS
(MILK)
QUORN MINCE COTTAGE PIE
WITH CHEESE & LEEK POTATO
OPPING WITH CARROTS & PEA

JACKET POTATO WITH TUNA MAYO OR CHEESE & BEANS (MILK, EGGS)

HOT GRAB & GO
SELECTION OF PIZZA, PANIN'
(WHEAT, MILK)

## THURSDAY

### BREAK

CHEESE TWIST
(MILK, WHEAT)
CHILLI CHICKEN WRAP
(WHEAT)
PASTY
BAGELS, PIZZA & PANINIS
(MILK, WHEAT)

### LUNCH

MAC & CHEESE, SALAD &
GARLIC BREAD
(MILK, WHEAT)
MEATBALL PASTA BAKE
WITH GARLIC BREAD
(WHEAT, MILK)

HOT GRAB & GO SELECTION OF PIZZA, PANINI (WHEAT, MILK)

## FRIDAY

HOT GRAB & GO
SAUSAGE ROLLS
(WHEAT)
VEGAN SAUSAGE ROLLS
(WHEAT)
BAGELS, PIZZA & PANINIS
(MILK, WHEAT)

### LUNCH

FISH & CHIPS WITH PEAS OR BEANS (WHEAT FGGS)

JACKET POTATO CHEESE &
BEANS
(MILK)

HOT GRAB & GO SELECTION OF PIZZA, PANINI (WHEAT, MILK)