



## PSHE CURRICULUM MAP YEARS 7-11

Please note that this is the curriculum map as planned in order to meet statutory guidance and based on recommendations made by the PSHE association. However, these are subject to change to take emerging issues into account.

### Key Stage 3

YEAR GROUP	AUTUMN 1 HEALTH & WELLBEING	AUTUMN 2 LIVING IN THE WIDER WORLD	SPRING 1 RELATIONSHIPS	SPRING 2 HEALTH & WELLBEING	SUMMER 1 RELATIONSHIPS	SUMMER 2 LIVING IN THE WIDER WORLD
Year 7	<b>Transition and safety</b> Transition to secondary. School and personal safety in and outside school, including first aid.	<b>Developing skills and aspirations</b> Careers, teamwork and enterprise skills, and raising Aspirations.	<b>Building relationships</b> Self-worth, romance and friendships (including online) and relationship boundaries	<b>Health and puberty</b> Influences on health, puberty, unwanted contact, and FGM. Influences relating to caffeine, smoking and alcohol.	<b>Diversity</b> Diversity, prejudice, and Bullying.	<b>Financial decision making</b> Saving, borrowing, budgeting and making financial choices
Year 8	<b>Drugs, alcohol Puberty</b> Puberty; body changes and emotions. Alcohol and drug misuse and pressures relating to drug use	<b>Digital literacy</b> Online safety, digital literacy, media reliability, and gambling hooks	<b>Identity and relationships</b> Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	<b>Emotional wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies	<b>Discrimination</b> Discrimination in all its forms, including: racism, religious discrimination, disability discrimination, sexism, homophobia, biphobia and transphobia	<b>Community and careers</b> Equality of opportunity in careers and life choices, and different types and patterns of work

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*Striving for excellence, exceeding expectation.*



# THE STONEHENGE SCHOOL

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YEAR GROUP	AUTUMN 1 HEALTH & WELLBEING	AUTUMN 2 LIVING IN THE WIDER WORLD	SPRING 1 RELATIONSHIPS	SPRING 2 HEALTH & WELLBEING	SUMMER 1 RELATIONSHIPS	SUMMER 2 LIVING IN THE WIDER WORLD
Year 9	<b>Peer influence, substance use and gangs</b> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	<b>Setting goals</b> Learning strengths, career options and goal setting as part of the GCSE options process	<b>Respectful relationships</b> Families and parenting, healthy relationships, conflict resolution, and relationship changes	<b>Healthy lifestyle</b> Diet, exercise, lifestyle balance and healthy choices, and first aid	<b>Intimate relationships</b> Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	<b>Employability skills</b> Employability and online presence

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## Key Stage 4

Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships	Spring 2 Health & wellbeing	Summer 1 Relationships	Summer 2 Living in the wider world
Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change Building for the future Self-efficacy, stress management, and future opportunities	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising  Next steps Application processes, and skills for further education, employment and career progression	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography  Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Exploring influence The influence and impact of drugs, gangs, role models and the media  Independence Responsible health choices, and safety in independent contexts	Addressing extremism and radicalisation Communities, belonging and challenging extremism  Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	Work experience Preparation for and evaluation of work experience and readiness for work

- To be explored through timetabled lessons from 2022. Prior to this during tutor periods and drop down days as well as cross curricular provision.