

# Round up: Issue 03

**Primary** 

**Welcome** to our school newsletter where this week's theme is 'How have we been keeping fit and healthy?' You certainly have been very active and we have really enjoyed hearing how you have been getting on – lots of creative approaches in these really unusual circumstances!

Do keep sharing your activities, thoughts and work with us and, next week, we will look forward to hearing how you have been getting on with home learning. Whether it's driving you mad, giving you something positive to do or something in between, we would love you to share it with us. You can email contributions to **events@wiltshire.gov.uk** 

Please ask your parent/carer to share with us any pictures (attach the picture as a jpeg to your email) and a few words on what you've been up to during the current times and we'll do our best to put them in the next edition. You can email your contributions to **events@wiltshire.gov.uk** but please do so by 5pm each Tuesday. Any pictures sent over will only be used in the newsletter but photos are stored for two years and then deleted.

### **Collingbourne School**

At Collingbourne we have been staying fit and healthy by joining in remotely with Joe Wicks every morning. Staff and children dressed up on Friday to make things even more fun!



### **Amesbury CE Primary School**

This week, Amesbury CE Primary School have been creating lots of beautiful pictures for Five Rivers Health and Wellbeing Centre.



### Update!

### Pippa and Ella's alphabet activities update!



Pippa and Ella (Corsham/ Neston) have kept going with their afternoon 'Alphabet activities!'

Since their last efforts they have:

Kicked a ball (football in garden)

Lit the fire pit (roasted marshmallows)

Music (Sang Do Re Me∼ Sound of music)

Nests (made chocolate Easter treats)

Obstacle Course (made/ did in garden)

Planted cress seeds (in our own fairy garden)

Queen (Learnt & played 'drums' to we will rock you).....

Our fairy garden was made from a fruit punnet filled with soil. We collected ivy, moss, twigs and stones and arranged it on top. We sprinkled cress seeds to grow the grass and mummy made bunting! We hope the fairies will like it!

### Riddles

- 1. What is harder to catch the faster you run?
- 2. I run a dozen times faster than him. He runs all day, twice around the gym. Who is he?



What lights up a football stadium?

Punchline - a football match!

When is a baby good at basketball? **Punchline** - when it's dribbling!

Why is tennis such a loud sport?

Punchline - the players raise a racquet!

What's a sheep's favourite game? Punchline - Baa-dminton!

# **Studley Green Primary School, Trowbridge**

Children at Studley Green have been in their secret garden - den building and having great fun!







#### The Manor School, Melksham

At The Manor School we have been making sure we spend some time each day keeping active to stay healthy. The children have been setting each other activity trails to follow and have made sure the staff join in too! We've definitely made the most of the sunshine and have been participating in different sporting challenges and races whilst improving some of our skills along the way. Well done everyone!



## Queen's Crescent School, Chippenham

The children at Queen's Crescent School in Chippenham have been keeping fit and healthy with regular PE lessons from Erin at Up and Under Sports. The lessons have provided exciting opportunities for exercise and fun and involved creating fitness tracks around the playground. Even the teachers learnt new skills, especially bouncing on the foot hoppers!





#### **Dance Drama**

When they danced in pairs one person was sitting out.

When they danced in trios two people were sitting out.

When they danced in quartets three people were sitting out.

When they danced in groups of five three people were sitting out.

## Use the information above to answer this question:

How many people were at the dance?



# Challenges!

- **1.** Make up your own five-minute exercise routine. What will you include?
- 2. Design an obstacle course to complete in your garden or living room. How creative can you be?
- **3.** Colour a picture whilst listening to music you love.
- 4. Would you rather...have breakfast with a monkey, lunch with a tortoise or tea with a tiger?
- 5. Create a family kindness jar. Every time someone does something kind, write it down and put it in the jar. When the jar is full, you all deserve a little treat!

### Cryptogram

Have go at working out the missing letters and solving this cryptogram puzzle.

Α						
19		26		18		

N	0	P	Õ	R	S	T	U	V	W	X	Y	Z
	25						14					

Brighten your day by colouring in our Wiltshire Wellbeing Hub poster then pop it in your window so everyone can see the number to call if they need support. If you don't have a printer then you can always design your own picture. Send photos of your creations in your windows to events@wiltshire.gov.uk for us to share on social media.

### Download the drawings here



# Answers

#### **Riddles**

- 1. Your breath!
- 2. the hands on a clock

#### **Dance Drama:**

23 people

#### **Cryptogram:**

Staying fit and healthy will help you live a long and happy life.

Children at The

keep active!

Grove Primary School, Trowbridge, have been

finding lots of ways to

### Next week...

Next week we are asking you, 'How are you getting on with home learning?' so please let us know by emailing events@wiltshire.gov.uk

### Keeping safe and who can help

Even though you may not be in school at the moment, everyone at your school wants you to know that we are still thinking about you.

If you have questions, or need help, then the information below may help you.

Childline, call for free on **0800 1111** or get in touch online at: www.childline.org.uk