

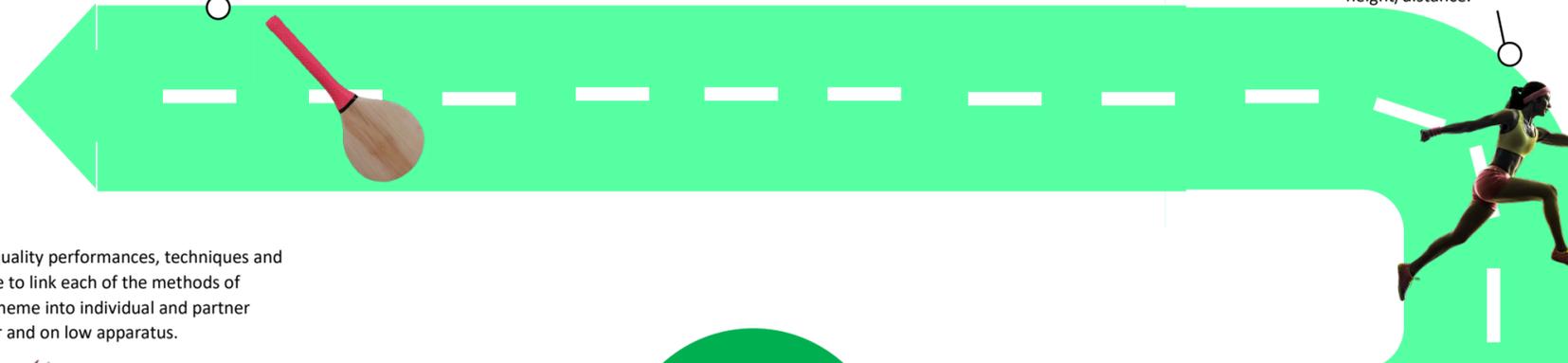


The Stonehenge School Physical Education Journey

Year 9 Mixed – Creating a love for Physical Education

Stoolball

You will learn to use principles of play when selecting and applying tactics to produce a successful outcome. You will continue to develop the skills necessary to outwit opponents. Batting, bowling and fielding will be further developed through games and conditional situations.



Athletics

You to continue to improve their own personal performance. You will develop advanced skills necessary to compete and achieve in all athletic events. To gain further experience at jumping events, aiming for height/distance.

Gymnastics

You will demonstrate high quality performances, techniques and routines. You should be able to link each of the methods of travel learned during the scheme into individual and partner sequences both on the floor and on low apparatus.



Summer Term

Table tennis

You will develop mental capacity & creative thinking when devising & implement new tactics. Use tennis to develop observation skills on peer performances, skills and techniques. To develop some understanding of the law of physics and how topspin/slice will effective the ball flight and bounce.



Spring Term

First Aid

You will learn the basic first aid procedures. Additionally, you will learn skills that one day could save someone's life.

Autumn Term

Badminton

You will develop the skills necessary to outwit opponents. You will replicate strokes and shots with control and accuracy. Serves, overhead clears (forehand & backhand), drop shots & smashes will be developed through game play and conditional situations

Show Your Commitment

How many can you complete?

Try your best in all lessons

Bring your PE kit to all lessons

Attend PE extra-curricular clubs each term

Represent the school in one or more Sporting fixture

- Personal Excellence
- Respect & Friendship
- Inspiration
- Determination
- Equality

Fixtures Each Year

- Athletics
- Football
- Rugby
- Netball
- Badminton
- X Country
- Cricket



Your Physical Education Journey starts here ...