

Year 10 Core Physical Activity Plan

10 W	OPTIONS				FIXED GROUPS					OPTIONS	
YEAR 10											
CLASS	TEACHER	MODULE 1	MODULE 2		TEACHER					MODULE 3	MODULE 4
PE1	AJP	RUGBY	BADMINTON		Outwitting Opponents	AJP	FOOTBALL	TABLE TENNIS	HEALTH SUITE	ATHLETICS	TENNIS
PE2	AJR	NETBALL	TRAMPOLINING		Performance Replication	AJR	SPORTS LEADERSHIP	SPORTS LEADERSHIP	SPORTS LEADERSHIP	TABLE TENNIS	ROUNDERS
PE3	SMH	BASKETBALL	FIRST AID		Exercise Safely and Effectively	SMH	VOLLEYBALL	HEALTH SUITE	TABLE TENNIS	CRICKET	SOFTBALL
Change over Dates - Week beginning			13th October				1st December	26th January	9th March	27th April	8th June
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YEAR 10											
CLASS	TEACHER	MODULE 1	MODULE 2		TEACHER					MODULE 3	MODULE 4
PE1	AJP	RUGBY	BADMINTON		Outwitting Opponents	AJP	FOOTBALL	TABLE TENNIS	BADMINTON	ATHLETICS	TENNIS
PE3	SPA	NETBALL	FITNESS		Performance Replication	SPA	HEALTH SUITE	SPORTS LEADERSHIP	SPORTS LEADERSHIP	TENNIS	ATHLETICS
PE2	SMH	BASKETBALL	FIRST AID		Exercise Safely and Effectively	AMH	VOLLEYBALL	HEALTH SUITE	TRAMPOLINING	CRICKET	ROUNDERS
Change over Dates - Week beginning			21st OCTOBER				1st December	26th January	9th March	27th April	8th June