



Key Stage 3

'Striving for excellence, exceeding expectation'

Key Stage 3 Physical Education

Information

Physical Education at Key Stage 3 includes a range of sports or activities.

Activities are rotated on a half termly basis, where the students will participate in two sporting activities. At the end of each unit of work students will be given a level for their performance in that activity. At Stonehenge we deliver lesson through the Sports Education process. Therefore, practical ability is not entirely essential in order to achieve high levels in PE; awareness of techniques, coaching, leadership, and theoretical knowledge also contribute to assessment levels.

Kit

Correct PE uniform is essential, as all pupils are expected to be organised with a yellow polo shirt or rugby shirt, navy shorts or tracksuit bottoms - for cold weather, yellow Stonehenge School socks or training / sport socks and training shoes (boots are expected to be worn for some outside activities such as football and rugby).

Expectations

The PE Department follows the schools classroom rules and procedures. All pupils are expected to act sensibly, and follow the teachers instructions in order to ensure all lessons are safe.

Curriculum

Pupils will follow a structured curriculum undertaking a range of some of the following activities; football, netball, dance, rugby, gymnastics, boxercise, handball, volleyball, first aid, basketball, badminton, rounders, orienteering, tennis, table tennis, cricket, health related exercise, hockey and athletics.



Summary

'Our sports programme is designed to help young people identify and develop what they're good at, leading them to greater confidence and self-esteem'

Mr Protheroe – Head of Physical Education