



# Key Stage 4

*'Striving for excellence, exceeding expectation'*

## Key Stage 4 Physical Education

Physical Education at key stage 4 includes a range of sports or activities. Lessons are in half term blocks. At the beginning of the school year pupils will be able to opt for specific pathways. Getting their required pathway will depend on pupil's previous effort, behaviour and organisation during key stage 3.

### Kit

Correct PE uniform is essential, as all pupils are expected to be organised with a yellow polo shirt or rugby shirt, navy shorts or tracksuit bottoms - for cold weather, yellow Stonehenge School socks or training / sport socks and training shoes (boots are expected to be worn for some outside activities such as football and rugby).

### Expectations

The PE Department follows the schools classroom rules and procedures. All pupils are expected to act sensibly, and follow all teachers instructions in order to ensure all lessons are safe.

### Curriculum

Pupils may undertake some of the following sports:

Football, netball, badminton, aerobics, rugby, basketball, fitness - health suite, trampolining, dance, athletics, tennis, cricket, boxercise, pilates, table tennis, volleyball, handball, rounders, hockey, softball and dodgeball



## Summary

*'Enjoying success in sport, at their own individual level, can often be the key to pupils' success across the whole school'*