



BTEC Tech Award in Sports Leadership

As the BTEC Tech Award in Sports Leadership is a practical introduction to life and work as a sports leader, the students will:

- Explore different sports leadership roles, responsibility and styles
- Delve deeper into how to help others develop their sporting techniques
- Plan and lead a training activity focused on improving fitness



The course has two internally assessed components, and one that's externally assessed.

Component	Assessment	Content overview
Component 1 Understanding sports leadership	⌚ Internally assessed assignments ⇒ 30% of the qualification	<ul style="list-style-type: none"> ✔ Get to know the roles and responsibilities of effective sports leaders ✔ Explore how leadership styles change for different sporting contexts and participants ✔ Broaden their knowledge of fitness requirements for team and individual sports ✔ Apply what they've learned in small practice tasks
Component 2 Developing sports leadership skills	⌚ Internally assessed assignments ⇒ 30% of the qualification	<ul style="list-style-type: none"> ✔ Look at different types of individual and team sports ✔ Get to know sporting techniques and how they can coach participants to improve theirs ✔ Investigate the rules of an individual and a team sport so they can better support participants' performance ✔ Review their progress and reflect on areas of improvement
Component 3 Planning and leading a sports activity	⌚ Externally assessed task, where the students will plan and lead a sports session based on a set brief and stimulus material ⇒ 60% of the qualification	<ul style="list-style-type: none"> ✔ Choose an individual or team sport and come up with ideas for a session ✔ Devise a plan and adapt it for participants with specific needs ✔ Lead a part of the session plan for 15 minutes ✔ Reflect on their leadership skills as well as the planning and outcomes of the session.